



# INNERBLOOM PODCAST

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## ABOUT INNERBLOOM

Innerbloom is a podcast all about spirituality and intuitive empowerment, where we help each other evolve and ascend through conscious community brought together by best friends, Ambrosia Matthews and Alexa Houser. Together, they empower people to live extraordinary lives. But warning: If you hang out with them long enough, you'll start to believe in yourself and start to realize that you're capable of anything.

6K

FOLLOWERS

ON INSTAGRAM

4K

FOLLOWERS

ON TIK TOK

PSYCHIC MEDIUM. CERTIFIED LIFE COACH.  
NEUROLINGUISTICS PROCESSOR. PHYSICAL THERAPY ASSISTANT.

## AMBROSIA MATTHEWS

A psychic medium, certified life coach, professional intuitive healer and co-founder and co-host of Innerbloom Podcast, Ambrosia Matthews is a seasoned healer and instructor in the areas of trauma healing, clearing emotional blockages and self-worth. With over 20 years of experience, Ambrosia has taken the lessons she has learned throughout her life and turned them into her life's mission. Today, Ambrosia teaches others how to get out of their head and into their hearts by helping them embody their gifts, too.

6.9K

FOLLOWERS

ON INSTAGRAM

102K

FOLLOWERS

ON TIK TOK



CERTIFIED EFT PRACTITIONER. INTUITIVE BUSINESS COACH.  
CONTENT CREATOR. MEDIA AND COMMUNICATIONS SPECIALIST.

## ALEXA JADD

A certified emotional freedom technique (EFT) tapping practitioner, business coach and co-founder and co-host of Innerbloom Podcast, Alexa Jadd has dedicated her life to one mission: helping others reprogram and overcome their limiting beliefs so that they can finally be free of the energetic blockages that keep them from living the life of their dreams.

She is passionate about teaching and validating others that their passions are not an accident; they are pointing to the deepest parts of one's self and Alexa coaches how to share those talents with the world.

10K

FOLLOWERS

ON INSTAGRAM

363K

FOLLOWERS

ON TIK TOK



# PODCAST STATISTICS

7.2K

MONTHLY UNIQUE VISITORS

9.5K

MONTHLY PAGE VIEWS

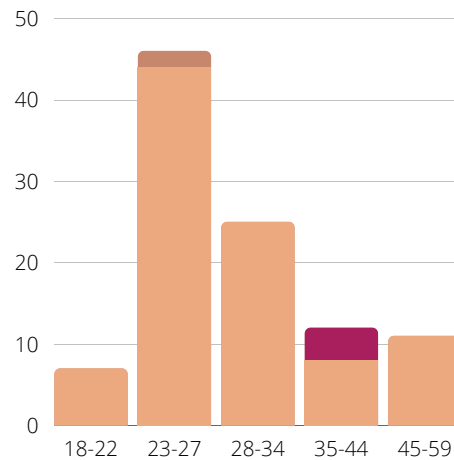
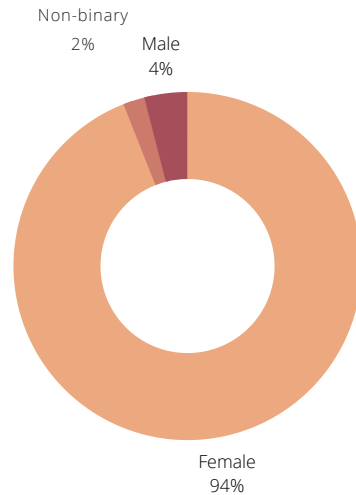
3K

ACTIVE LISTENERS PER EPISODE

#5

SPIRITUALITY PODCAST ON ITUNES

# PODCAST DEMOGRAPHICS



"This is the first review of a podcast I have ever done Ans this podcast truly deserves it. These women inspire me every day. Every morning. They remind me that anything is possible and talk about so many topics that are so important. They also interview so many individuals That have shared amazing insights and advice that have furthered my journey towards enlightenment, my purpose, and loving myself."

iTunes | 05.29.2021



Wow! I do not even have the words to say just how much I love Innerbloom and the community around it that Alexa and Ambrosia have built! I have been going through my personal awakening for about 4 months now and stumbled upon Innerbloom very organically right from the beginning. Feeling like I'd missed out on so much since being a newer listener, I went back to the beginning and have listened to every episode.

iTunes | 04.20.2021